



Case Study 2

Organization: Southeast Resource Development Corp (SERDC)
Program: Success through Advocacy and Role-Modelling (STAR)

Classroom: 117 St. John's College
Agency key informant: Helene San Pedro
Facilitator: Gerry Kaplan

1. Program description

Provide background information about your organization and program.

STAR is an FASD Prevention Program for communities in the reserve, whose overall goal is to prevent prenatal exposure to alcohol and/or drugs in future children born to women at risk of using substances during pregnancy. The STAR Program has been up and running for about 10 years now, and covers 6 sites (2 cluster sites, 4 community-based sites, total of 17 communities) across the province.

The Star Program's goals and objectives are achieved through delivery of a client-centred, strength and evidence-based case management program. Mentors deliver culturally respectful appropriate interventions and support services to at risk women and their target child.

The overall goal of the STAR Program is to prevent prenatal exposure to alcohol and/or drugs in future children born to women at risk of using substances during pregnancy.

The specific objectives of the program are:

- To assist women to engage in harm reduction strategies and/or obtain alcohol and/or drug treatment;
- To support women in their efforts to provide a safe and healthy environment and improved quality of life for themselves and their children;
- To link women to community resources in order to help them reduce isolation, to improve access to needed resources, and to become more independent;
- To reduce the number of alcohol/drug exposed births through abstinence from alcohol/drugs and improved access to reliable family planning methods;
- To demonstrate to community service providers strategies for working more effectively with this population through advocating to improve the outcomes for both women and children; and
- To facilitate access to FASD diagnosis and to connect clients to internal/external supports and services.

2. Reason/s for the evaluation

Briefly explain why you want/need to evaluate this program (including who the intended users of the information are and how the information may end up being used).

At the core, Peer Support is truly about providing in depth program support to community programs - and not at all about monitoring or authoritative control. It is about employing the same strength based philosophy that is expected by the individual practitioner; highlighting all that is being done well by the program. Utilization of the Service Delivery Review will ensure a consistent and thorough review and documentation of STAR Program delivery at the various sites. Documentation will be





consistent with the strength-based philosophy of the program and highlight program successes as well as potential solutions to identified challenges.

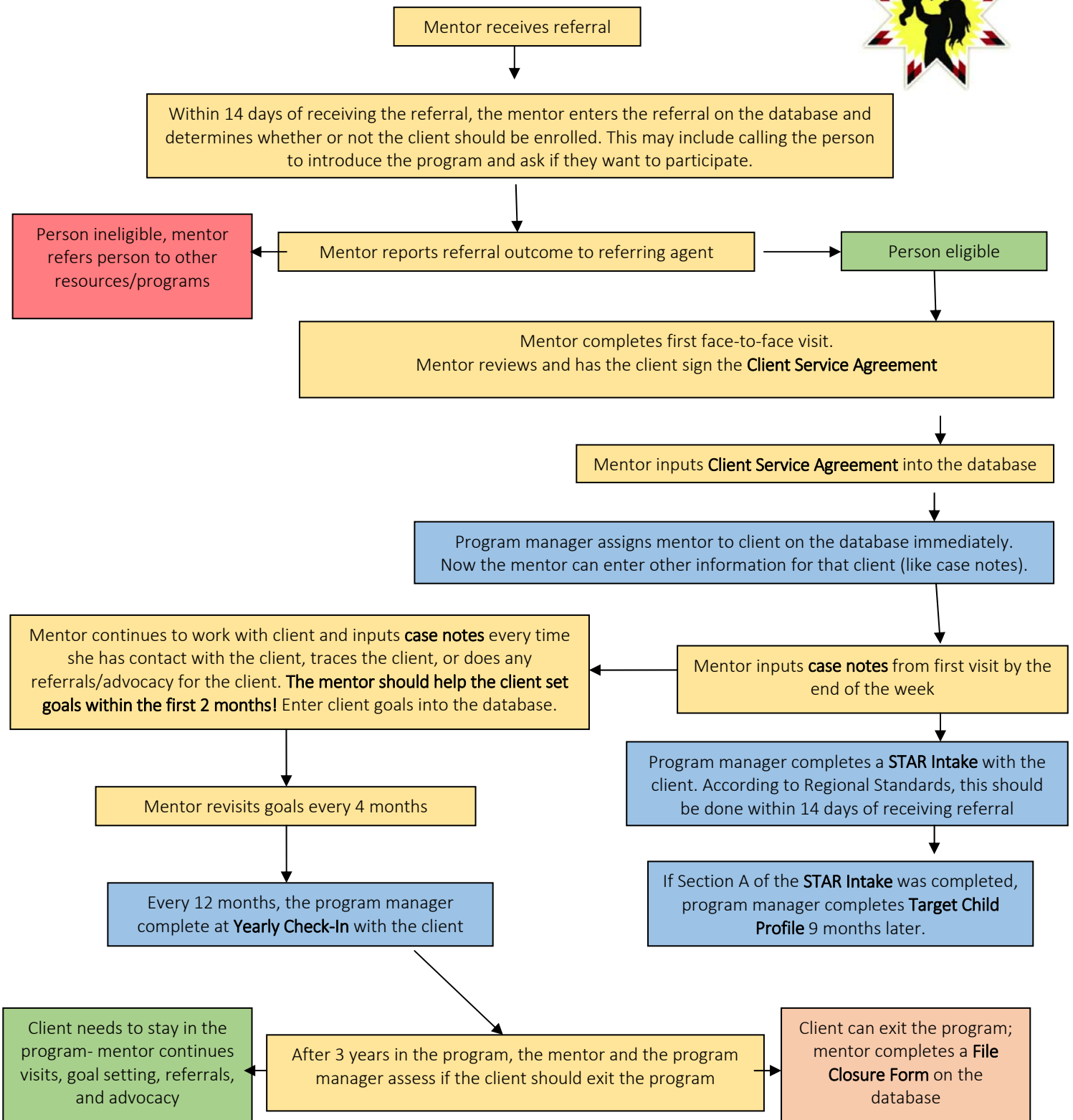
3. Evaluation questions

What would you like to know (find out) from the evaluation?

How each STAR site strives to meet the STAR program standards – its mandates, goals, objectives, activities and initiatives set forth within established work plans and budgets



STAR Program Process Map



Throughout this process:

- Program manager does weekly reflective supervision with mentors (minimum 1 hour every week)
- Group reflective supervision: 5 hours every 6 weeks for tribal councils and 2 hours/week for community-based programs
- Program manager/clinical supervisor reviews client cases with mentors every 3 months.
- Program manager shadows mentor on client visits to evaluate performance annually
- Program manager does 2+ FASD prevention activities in the community(ies) on a yearly basis